**Name of Organization**: AARP

**Description**: Enhancing the quality of life for all as we age—not just serving our nearly 38 million members—is AARP's mission. At its heart, the work that AARP and its affiliates do can be summed up in just 12 words: “We fight for and equip each individual to live their best life.”

AARP is especially proud to serve our United States veterans, active-duty service members and military families. Our Veterans and Military Families initiative offers tools tailored to the military community for family caregiving, accessing earned military-service benefits, fighting fraud, and finding meaningful employment through AARP’s Veterans & Military Spouses Job Center.

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**Contact Information for Organization**

Check online for your local AARP state office

**Phone**: 1-888-687-2277

**Social Media Contacts**

**Website:**[**www.aarp.org/caregiving**](http://www.aarp.org/caregiving)

**Facebook:** [**https://www.facebook.com/groups/aarpfamilycaregivers/**](https://www.facebook.com/groups/aarpfamilycaregivers/)

**Instagram:** [**https://www.instagram.com/aarp/**](https://www.instagram.com/aarp/)

**Linked In:** [**https://www.linkedin.com/company/aarp/**](https://www.linkedin.com/company/aarp/)

**Twitter:** [**https://twitter.com/AARP**](https://twitter.com/AARP)

**YouTube:**[**https://www.youtube.com/AARP**](https://www.youtube.com/AARP)

**Blog URL:**[**https://blog.aarp.org/**](https://blog.aarp.org/)

**Resources (infographics, documents, videos)**

AARP Caregiving Website, with many resources toward the bottom of the page: <https://www.aarp.org/caregiving/>

AARP Military Caregiving Guide: <https://www.aarp.org/content/dam/aarp/caregiving/pdf/family-caregiving-guide/military-veterans.pdf?intcmp=AE-CAR-CRC-LL>

AARP Military Financial Workbook: <https://www.aarp.org/content/dam/aarp/caregiving/pdf/2022/aarp-military-financial-workbook.pdf?intcmp=AE-CAR-CRC-LL>

AARP Veterans and Military Families Health Benefits Navigator: <https://www.aarp.org/content/dam/aarp/caregiving/pdf/2022/aarp-military-financial-workbook.pdf?intcmp=AE-CAR-CRC-LL>

AARP Family Caregivers Facebook Discussion Group, moderated by Amy Goyer: <https://www.facebook.com/groups/aarpfamilycaregivers/>

[**https://www.aarp.org/entertainment/books/bookstore/home-family-caregiving/juggling-work-and-caregiving.html**](https://www.aarp.org/entertainment/books/bookstore/home-family-caregiving/juggling-work-and-caregiving.html)

Amy Goyer’s website: <http://amygoyer.com/>